The background is a watercolor wash in shades of blue and teal, with a white area on the right side. A large, light pink circle with a black border is positioned on the left side of the image. Inside the circle, the text is centered and reads:

JESUS IS  
TRUSTWORTHY

**MATTHEW 14:22-33**



The image features the 'Fear Factor' logo. The word 'FEAR' is in a bold, black, sans-serif font on a yellow background. The word 'FACTOR' is in a bold, yellow, sans-serif font on a black background. The entire logo is set against a distressed, grey, textured background that looks like old paper or metal with scratches and stains. On the right side of the image, there is a vertical purple bar with a series of white dots.

**FEAR FACTOR**

# WHICH OF THESE WAS AN ACTUAL STUNT ON FEAR FACTOR?

A. Riding a dirt bike blindfolded down a slope

B. Blending rats into a smoothie, then drinking it.

C. Making kool-aid out of cow's blood and drinking it

D. Running with Bulls to the finish line, hoping not to get run over



WHICH OF THESE WAS AN ACTUAL  
STUNT ON FEAR FACTOR?

B. Blending rats into a  
smoothie, then  
drinking it.





# WHICH OF THESE STUNTS SENT THE PERSON TO THE ER?

A. Riding a dirt bike blindfolded down a slope

B. Blending rats into a smoothie, then drinking it.

C. Falliing from 6 stories high

D. Being trapped into a meat locker



# WHICH OF THESE STUNTS SENT THE CONTESTANT TO THE ER?

**performer running it fell from six storeys up and broke both of his ankles.** You might not consider that a close call, but how many people do you know who have survived a fall from six storeys up? I've known people who have died falling from less than one. Lucky guy.

# WHICH OF THE FOLLOWING MADE THE MOST PEOPLE VOMIT?

A. Eating  
pizza made  
out of blood  
paste and  
moldy  
cheese

B. Cow  
eyeball juice

C. Donkey  
urine

C. Sushi  
made out of  
rotten squid





WHICH OF THE FOLLOWING MADE  
THE MOST PEOPLE VOMIT?

C. Donkey urine



LET'S DEFINE FEAR---

- ANXIETY, TERROR, OR DESTRESS

- REVERENCE, SUBMISSION



"DO NOT BE AFRAID."  
IS WRITTEN IN THE  
BIBLE 365 TIMES.

THAT'S A DAILY REMINDER  
FROM GOD TO LIVE EVERYDAY  
FEARLESS.





**WHAT DOES THE BIBLE  
SAY ABOUT FEAR?**



# **FEAR GOD-**

- LIVE IN SUBMISSION TO HIM

- OBEY HIS COMMANDMENTS

- KNOW THAT HE IS IN CONTROL

\* THIS DOES NOT MEAN TREMBLE AT  
EVERY STEP- UNLESS YOU KNOW YOU  
ARE DISOBEYING HIS WORD.



The fear of the LORD is the beginning of wisdom;  
all those who practice it have a good understanding.  
His praise endures forever!

**Psalm 111:10**

**WHAT DOES THE BIBLE  
CONNECT TO THE FEAR  
OF THE LORD?**



The fear of the LORD is the beginning of knowledge:  
but fools despise wisdom and instruction.

**Proverbs 1:7**



"THE FEAR OF THE LORD DESCRIBED IN PROVERBS 1:7 IS THE FEAR OF A CONVERTED PERSON, A REVERENT LOVE THAT UNDERSTANDS GOD'S GRACE TOWARD THE SINNER WHO TRUSTS CHRIST AND WHO WANTS TO DO WHAT IS PLEASING TO THE LORD. THIS KIND OF FEAR RECOGNIZES THE LORD'S CHARACTER AND HIS HOLY LOVE." - R. C. SPROUL



Do not be afraid of those who  
kill the body but cannot kill the soul.  
Rather, be afraid of the One who can  
destroy both soul and body in hell.

**Matthew 10:28**



*It is a fearful thing  
to fall into the hands  
of the living God.*

*Hebrews 10:31  
Holy Bible*





FEAR GOD:

Awe & Reverence

1.GOD'S CHARACTER

You are to regard only the Lord of Hosts as holy. Only He should be feared; only He should be held in awe.

Isaiah 8:13

FEAR GOD:  
GOD'S CHARACTER

Awe & Reverence

He has sent redemption to His people. He has ordained His covenant forever. His name is holy and awe-inspiring.

Psalm 111:9




FEAR GOD:

Awe & Reverence

2. WORSHIP

“Fear Yahweh your God, worship Him, and take your oaths in His name.” Deuteronomy 6:13





The fear of the Lord is the beginning of wisdom;  
all those who practice it have a good  
understanding. His praise endures forever!”  
Psalm 111:10



FEAR GOD:

Awe & Reverence

### 3. OBEDIENCE

“And now, Israel, what does the Lord your God ask of you except to fear the Lord your God by walking in all His ways, to love Him, and to worship the Lord your God with all your heart and all your soul? 13 Keep the Lord’s commands and statutes I am giving you today, for your own good. Deuteronomy 10:12-13

FEAR GOD:  
OBEDIENCE

Awe & Reverence

You are not to cheat one another, but fear your God, for I am Yahweh your God.



FEAR GOD:

Awe & Reverence

#### 4. FAITHFULNESS

14 “Therefore, fear the Lord and worship Him in sincerity and truth. Get rid of the gods your fathers worshiped beyond the Euphrates River and in Egypt, and worship Yahweh. 15 But if it doesn’t please you to worship Yahweh, choose for yourselves today the one you will worship: the gods your fathers worshiped beyond the Euphrates River or the gods of the Amorites in whose land you are living. As for me and my family, we will worship Yahweh.” Joshua 24:14-15

FEAR GOD:  
FAITHFULNESS

## Awe & Reverence

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**FOR THE LORD HAD MADE A  
COVENANT WITH THE ISRAELITES  
AND COMMANDED THEM, "DO NOT  
WORSHIP OTHER GODS OR BOW  
DOWN TO THEM; DO NOT SERVE  
THEM OR SACRIFICE TO THEM.**

***- 2 KINGS 17:35***

But The Lord , Who Brought  
You Up Out Of Egypt  
With Mighty Power And  
Outstretched Arm, Is The One  
You Must Worship. To Him  
You Shall Bow Down And To  
Him Offer Sacrifices.



You Must Always Be Careful  
To Keep The Decrees And  
Ordinances, The Laws And  
Commands He Wrote For  
You. Do Not Worship Other  
Gods.

2 Kings 17-37



# 2 Kings 17:38-39

Do not forget the covenant I have made with you,  
and do not worship other gods.

Rather, worship the LORD your God;  
it is he who will deliver you from the hand  
of all your enemies."



# CONSEQUENCES OF Awe & Reverence NOT FEARING GOD

Sons of Aaron- Leviticus 10

Sons of Eli- 1 Samuel 3

Uzzah- 2 Samuel 6

## KING SAUL- DEVIATION, DISOBEDIENCE, AND DISASTER

**Some Hebrews even crossed the Jordan to the land of Gad and Gilead. Saul however, was still at Gilgal, and all his troops were gripped with fear. 1 Samuel 13:7**

**Saul was afraid of David, because the LORD was with David but had left Saul. 1 Sam 18:12**



DO WE FEAR BECAUSE OF  
UNCONFESSED SIN OR  
PATTERNS OF SIN THAT ARE  
SLOWLY DESTROYING OUR  
RELATIONSHIP WITH CHRIST?

# SESSION 2: JESUS IS TRUSTWORTHY -- -MATTHEW 14:22-33

The wind was blowing furiously and the waves were crashing against the boat. The disciples were shaking and scared.

They look up to see what they think is a ghost- it was Jesus.

Jesus told them not to be afraid. Peter wants to go to Jesus and actually starts walking on wáter- until he got scared.




# 1. PRAYER REVEALS THE DEPTH OF OUR RELATIONSHIP WITH GOD MATTHEW 14:22-23

## JESUS MODELS HOW WE ARE TO RESPOND WHEN VARIOUS CIRCUMSTANCES ARISE

- - Jesus sends the disciples off after feeding the 5000+ because the people wanted to make him King (not the Father's will)
- Jesus prayed. Maybe the disciples were hearing the chatter and also wanted to make their rabbi a political leader.
- Jesus prayed- perhaps lifting up the disciples who would be caught in the storm.




A decorative graphic on the left side of the slide, consisting of a network of light blue lines and small circles, resembling a circuit board or a stylized tree structure.

## 2. TRUSTING JESUS IS OUR ONLY HOPE FOR THE STORMS OF LIFE (MATTHEW 14:26-29)

## DIFFICULT STORMS AND CIRCUMSTANCES ARE INEVITABLE

- These disciples were scared because the storm was violent.
- The disciples first feared when they saw Jesus, thinking it was a ghost.
- After Jesus told them not to fear- Peter asked to come out- and he walked on water- we don't know how far he got.



3. A LACK OF FAITH IN CHRIST  
LEADS TO DROWNING IN  
WORRIES/TROUBLES OF THIS LIFE  
MATTHEW 14:30-33).




## CIRCUMSTANCES REVEAL THE FOUNDATION OF YOUR LIFE.

- For Peter, everything seemed to be going well until he took his eyes off Jesus.

The fearful and distracting waves caused him to sink

- His only alternative was to ask Jesus to save Him-
- Jesus rebuked Peter for his lack of faith

A decorative graphic on the left side of the slide, consisting of a vertical line of light blue circles connected by thin, light blue lines, resembling a circuit board or a stylized tree structure.

4. JESUS ALONE IS WORTHY OF  
WORSHIP BECAUSE ONLY HE CAN  
SAVE (MATTHEW 14:32-33)


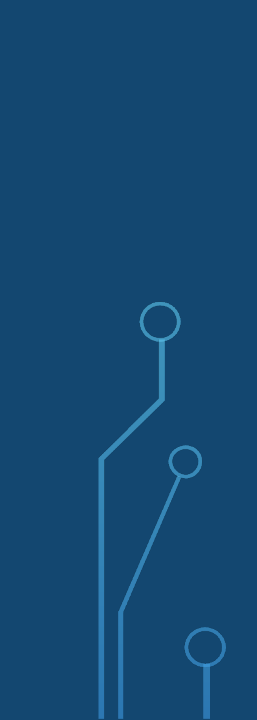
## THE DISCIPLES WORSHIP JESUS AS THE SON OF GOD.

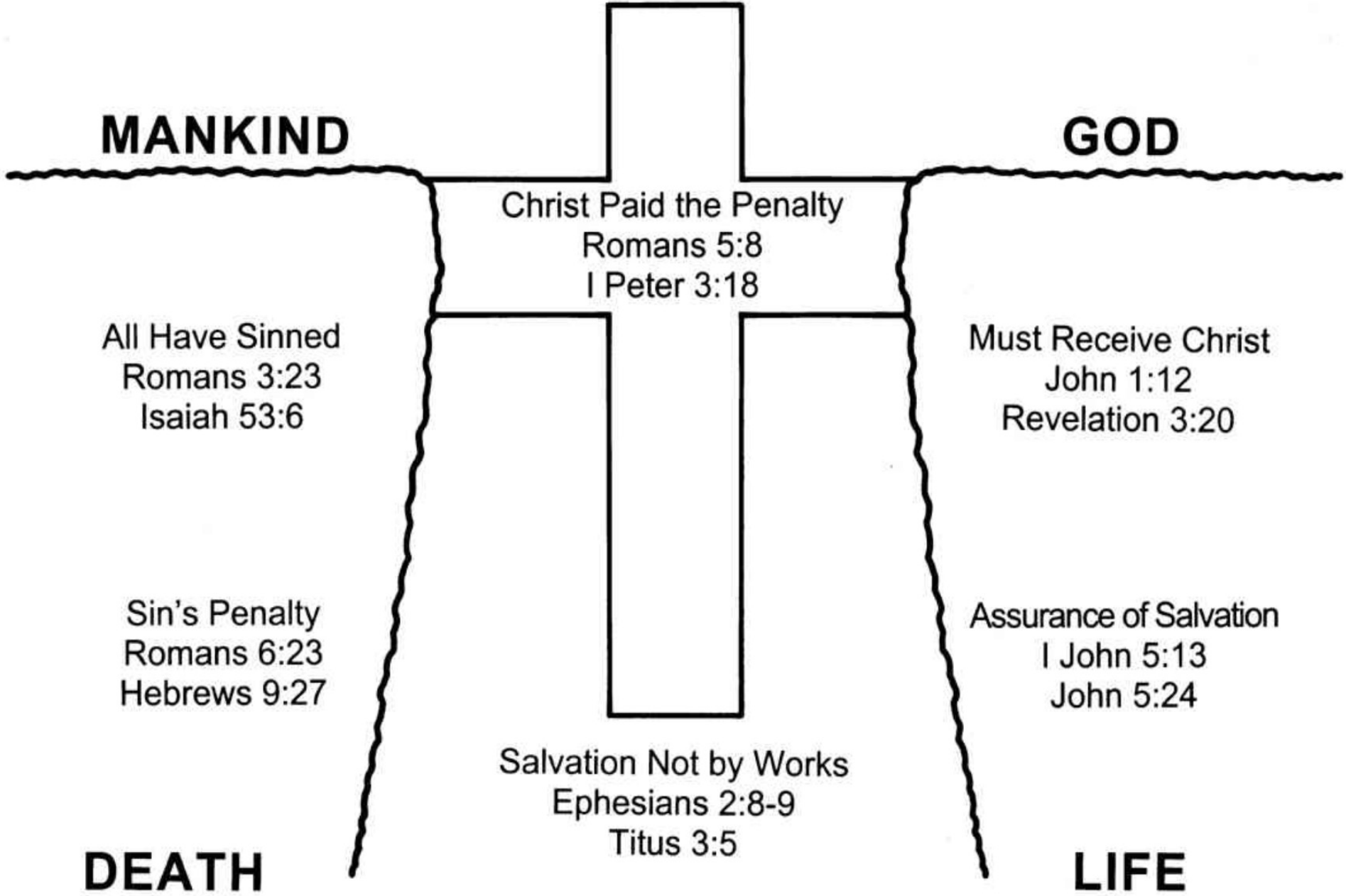
- First time the disciples call Jesus the “Son of God”- which means He alone is Mediator  
John 14:6- “I am the way, the truth, and the life, no one comes to the Father except through me”
- Although the disciples didn’t fully understand- they did know Jesus had authority over creation.





HAVE WE TRUSTED JESUS AS SAVIOR OR ARE WE  
STILL IN CONTROL OF OUR LIVES?

- Jesus doesn't share control- either He is  
Lord over your life or you are
- 
- 



**MANKIND**

**GOD**

Christ Paid the Penalty  
Romans 5:8  
I Peter 3:18

All Have Sinned  
Romans 3:23  
Isaiah 53:6

Must Receive Christ  
John 1:12  
Revelation 3:20

Sin's Penalty  
Romans 6:23  
Hebrews 9:27

Assurance of Salvation  
I John 5:13  
John 5:24

**DEATH**

**LIFE**

Salvation Not by Works  
Ephesians 2:8-9  
Titus 3:5

LIST THE TOP DISTRACTIONS YOU  
THINK STUDENTS STRUGGLE WITH?

**Group 1- Create a 5 minute skit on Matthew  
6:24**

**Group 2- Illustrate (draw) Ephesians 4:13-14**

**Group 3- Read Hebrews 12:1-2-** conduct a game  
(like charades) where people have to guess the  
distraction.



No one can serve two masters. For you will hate one and love the other; you will be devoted to one and despise the other. You cannot serve God and be enslaved to money.

**Matthew 6:24**

# Ephesians 4:13-14

King James Version Bible

Till we all come in the unity of the faith,  
and of the knowledge of the Son of God,  
unto a perfect man, unto the measure of  
the stature of the fulness of Christ: That  
we henceforth be no more children...

*Therefore, since we are surrounded  
by so great a cloud of witnesses, let  
us also lay aside every weight, and  
sin which clings so closely, and let us  
**run with endurance**  
the race that is set before us.*

**HEBREWS 12:1**

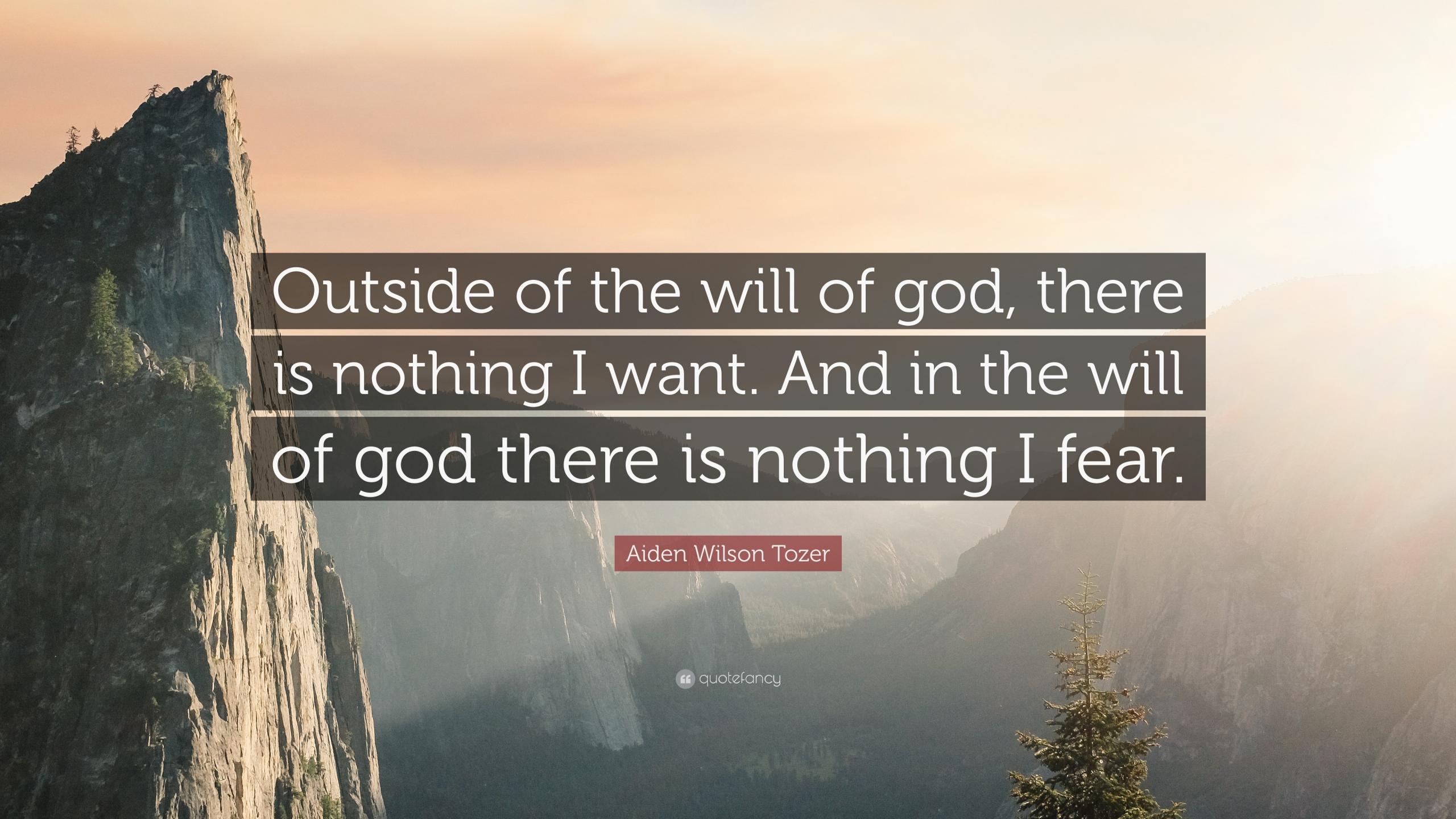




Looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.

**Hebrews 12:2**





Outside of the will of god, there  
is nothing I want. And in the will  
of god there is nothing I fear.

Aiden Wilson Tozer